# **Seven Sorrows Rosary**

### The Order of Prayer

## **WOTR Meeting Description:**

The Way of the Rose is an open-hearted, inclusive community of people dedicated to the forgotten Earth wisdom of the rosary... and to the Lady, by any name you like to call Her. We are not affiliated with the Catholic Church or any other religious institution. Nor do we seek to build a new one. We have no dues or fees, no buildings to maintain or capital campaigns. We pass the hat from time to time for our modest needs. There are no priests or levels of mastery. Instead of lineages of power, we value circles of friendship. We support one another in praying for our heart's desire.

FIRST PETAL—WOTR circles are free. We may pass the hat to cover special expenses, but no contribution will ever be required. WOTR has no dues or fees for membership.

SECOND PETAL—WOTR circles are inclusive. Everyone is welcome at every meeting. We have affinity meetings, but these circles are open. Anyone may attend.

THIRD PETAL—WOTR circles pray the rosary or a chaplet. We may adapt these or modify them for the purpose of a meeting, but the focus of our fellowship remains on Our Lady and Her beads. FOURTH PETAL—WOTR circles are places to pray for our heart's desire. We do not support outside causes—religious, political, humanitarian, or otherwise—that might divert us from our own petitions.

FIFTHPETAL—WOTR circles are leaderless. A member may sponsor a meeting, but there are no teachers, experts, or authorities. Once a meeting format has been established, any member may lead it.

#### **BEGIN** with the Sign of the Cross:

In the name of Father, and of the Son, and of the Holy Spirit. [Feel free to substitute 'Child' for Son and 'Holy Mother' for Holy Spirit if you want.]

**NEXT** (at Our Lady's request) recite the following words from 'Gospel According to the Dark': Lift a stone from the earth and let it fall: it can only seek its Mother. All wisdom lies in this. All folly is tossing stones at the heavens and willing them to fly. I who am your Mother tell you these things. I tell you nothing but what is true. This is the first word to carry to the nations. Drop your stones and see if even one of them will fly.

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**ON THE FIRST MEDAL,** announce: **The Prophecy of Simeon.** The first Sorrow corresponds to the Crown Chakra located just beyond the top of the head, the color of which is violet. In Our Lady's body it represents the Moon below Her feet—Her true Throne from time immemorial.

Say one Our Father, seven Hail Mary's conclude: O most Sorrowful and Immaculate Heart of Mary, pray for us.

**ON THE SECOND MEDAL,** announce: *The Flight into Egypt*. In our body, the Second Sorrow corresponds to the Third Eye Chakra located at the center of the forehead, the color of which is indigo. In Our Lady's body it represents Sol, the sun that clothes Her form in prophetic glory and power.

Say one Our Father, seven Hail Mary's, conclude: O most Sorrowful and Immaculate Heart of Mary, pray for us.

**ON THE THIRD MEDAL,** announce: *The Loss in the Temple*. In our body, the third Sorrow corresponds to the Throat Chakra, the color of which is blue. In Our Lady's body it represents pure, lifegiving water in all its myriad forms.

Say one Our Father, seven Hail Mary's, conclude: O most Sorrowful and Immaculate Heart of Mary, pray for us.

**ON THE FOURTH MEDAL,** announce: **The Road to Calvary**. In our body, the Fourth Sorrow corresponds to the Heart Chakra, the color of which is green. In Our Lady's body it represents all things green and growing.

Say one Our Father, seven Hail Mary's, conclude: O most Sorrowful and Immaculate Heart of Mary, pray for us.

**ON THE FIFTH MEDAL,** announce: *The Crucifixion*. In our body, the Fifth Sorrow corresponds to the Solar Chakra between the navel and diaphragm, the color of which is yellow. In Our Lady's body it represents the root systems that connect all life, filling us with creativity, confidence, and power

Say on Our Father, seven Hail Mary's, conclude: O most Sorrowful and Immaculate Heart of Mary, pray for us.

**ON THE SIXTH MEDAL,** announce: *The Pieta (PeeAyTa)*. In our body, the Sixth Sorrow corresponds to the Sacral Chakra just below the navel, the color of which is orange. In Our Lady's body it represents the rock and soil that nurtures and supports all life on Earth, the generative matrix from which everything grows.

Say one Our Father, seven Hail Mary's, conclude: O most Sorrowful and Immaculate Heart of Mary, pray for us.

**ON THE SEVENTH MEDAL,** announce: *The Burial*. In our body, the Seventh Sorrow corresponds to the Root Chakra at the base of the spine, the color of which is red. In Our Lady's body it represents the molten core at the center of our planet that warms the Earth from within

Say one Our Father, seven Hail Mary's, conclude: O most Sorrowful and Immaculate Heart of Mary, pray for us.

**ON THE THREE BEADS OF THE PENDANT,** recite Hail Mary's. Then, holding the cross or medal at the end, say three times: O Mary, who was conceived without sin and who suffered for us, pray for us!

## OFFER YOUR PETITIONS and PRAYERS FOR THE DEAD

## THEN SAY THE MEMORARE to Our Lady of Sorrows:

Remember, O most Sorrowful Virgin Mary, that never was it known that anyone who fled to Thy protection, implored Thy help, or sought Thine intercession was left unaided. Inspired by this confidence, I fly unto Thee, O Virgin of virgins, my Mother; to Thee do I come, before Thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in Thy mercy hear and answer me. Amen.

**END** with the Sign of the Cross.